



立達診所 LEADERCLINIC				(繁體中文版本)				尊榮全方位 USD \$1,799		進階捍衛 USD \$1,099		健康守護 USD \$699					
編號	項別	檢查項目	臨床意義	保胃燈師		護心燈師		全面保胃		全面護心		腸胃道		心血管			
				男性	女性	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性		
74	血糖代謝篩檢	空腹血糖(AC sugar)	評估血糖代謝能力，早期偵測糖尿病及評估糖尿病嚴重程度及治療效果。	●	●	●	●	●	●	●	●	●	●	●	●		
75		糖化血色素(HbA1c)	反應最近3個月之血糖平均值，為評估血糖變化趨勢及糖尿病治療效果最佳指標之一。	●	●	●	●	●	●	●	●	●	●	●	●		
76		長期平均血糖(eAG)	反應近期血糖平均值，為評估血糖變化趨勢及糖尿病治療效果最佳指標之一。	●	●	●	●	●	●	●	●	●	●	●	●		
77	血糖代謝篩檢	空腹胰島素(Insulin AC)	胰島素是胰臟分泌的荷爾蒙，主要功能為調節糖類的代謝，將血糖回收到細胞內。血中葡萄糖的濃度，可以決定胰島素的分泌速率。	X	X	●	●	X	X	●	●	●	●	●	●		
78		胰島素阻抗指數(HOMA-IR Index)	藉由空腹血糖與胰島素的換算，來評估體內胰島素是否產生阻抗導致胰島素無法作用，進而造成糖尿病與代謝症候群。	X	X	●	●	X	X	●	●	●	●	●	●		
79	甲狀腺篩檢	游離甲狀腺素(Free T4)	甲狀腺促進素(TSH)及甲狀腺分泌的游離甲狀腺素(Free T4)是用來評估甲狀腺功能的最佳工具。	●	●	●	●	●	●	●	●	●	●	●	●		
80		甲狀腺促進素(TSH)	●	●	●	●	●	●	●	●	●	●	●	●	●		
81	腫瘤標記篩檢	甲型胎兒蛋白AFP(肝癌)	篩檢肝、睪丸及卵巢等生殖細胞變異之血液指標。	●	●	●	●	●	●	●	●	●	●	●	●		
82		癌胚抗原CEA(腸胃道、肺腺癌)	篩檢大腸、胃、胰臟及肺等器官變異之血液指標。	●	●	●	●	●	●	●	●	●	●	●	●		
83		攝護腺抗原PSA(適男性)	篩檢攝護腺變異之血液指標。	●	X	●	X	●	X	●	X	●	X	●	X		
84		卵巢腫瘤標記CA125(適女性)	篩檢卵巢變異及子宮內膜異位症之血液指標。	X	●	X	●	X	●	X	●	X	●	X	●		
85		細胞角質抗原 21-1	非小細胞肺癌篩檢參考指標。	●	●	●	●	●	●	●	●	●	●	●	X	X	
86	X光攝影	EB病毒專性早期抗體/核抗體IqA	鼻咽癌高危險群篩檢參考指標。	●	●	●	●	●	X	X	●	●	●	X	X		
87		胰臟腫瘤標記CA19-9	篩檢胰臟和膽囊變異及膽管阻塞性疾病的血液指標。	●	●	●	●	●	●	●	●	●	●	●	●	●	
88	X光攝影	胸部X光數位攝影：正面	新式數位X光檢查，篩檢肺臟、氣管、心臟、大動脈、肋膜及縱隔腔等器官之發炎、纖維化、腫瘤、積液或異常擴大等相關疾病。	●	●	●	●	●	●	●	●	●	●	●	●		
89		腹部X光數位攝影	這項檢查可以讓我們知道身體的骨骼構造是否正當，身體軟組織是否有不正常的移位等。	2選1	2選1	2選1	2選1	2選1	2選1	2選1	2選1	2選1	X	X	X		
90		腰椎X光數位攝影：側面	新式數位X光檢查，篩檢腰椎與薦椎是否有骨刺、滑脫、壓迫性骨折及椎間盤突出等異常。	2選1	2選1	2選1	2選1	2選1	2選1	2選1	2選1	2選1	X	X	X		
91	心血管風險評估	代謝症候群評估	利用腰圍、血壓、血糖、高密度脂蛋白膽固醇及三酸甘油酯等指數來預測糖尿病及心血管疾病之風險，並作為健康管理之追蹤參考。	●	●	●	●	●	●	●	●	●	●	●	●		
92		十年心血管風險評估 (Framingham score)	利用年齡、性別、總膽固醇、高密度脂蛋白膽固醇、吸菸習慣及血壓數值，預測未來十年重大心血管疾病之風險。	●	●	●	●	●	●	●	●	●	●	●	●	●	
93	靜態心電圖	數位靜態心電圖	檢查心搏速率、心臟傳導功能、心臟房室大小及心肌缺血等變化。	●	●	●	●	●	●	●	●	●	●	●	●	●	
95		原生B型利鈉利尿肽	Pro-BNP是心臟分泌的荷爾蒙，其濃度會隨著心臟受損程度而上升，是早期心臟衰竭評估的重要指標之一。	X	X	●	●	X	X	●	●	X	X	●	●		
96		高敏度C反應蛋白(hs-CRP)	偵測體內發炎、感染或組織壞死的程度，並用以評估未來發生心血管疾病的機率。	X	X	●	●	X	X	●	●	X	X	X	X	X	
97		動脈硬化評估	檢測四肢動脈脈波傳導度來評估全身血管硬化及阻塞程度。	X	X	●	●	X	X	●	●	X	X	X	X	X	
98		同半胱氨酸(Homocysteine)	篩檢高同半胱氨酸血症(吸菸及缺乏維生素B群或葉酸造成，易導致血管上皮損傷發炎，造成血管壁硬化及血管栓塞)。	X	X	●	●	X	X	●	●	X	X	X	X	X	
99	心臟數位彩色超音波檢查	心臟數位彩色超音波檢查	診斷心臟瓣膜狹窄、閉鎖不全及脫垂等重大心臟疾病，評估心臟肥大及心室收縮功能。	X	X	●	●	X	X	●	●	X	X	2選1	2選1		
100		頸動脈數位彩色超音波檢查	檢測頸動脈粥狀血管硬化、狹窄或阻塞等狀況，計算頸動脈血流，以早期評估中風危險。	X	X	●	●	X	X	●	●	X	X	●	●	●	
101	消化道檢查	內視鏡無痛麻醉	淺層全身性麻醉，有效降低內視鏡檢查不適，並有助於詳細檢查及病灶處理。	●	●	X	X	●	X	X	●	X	X	●	X	X	
102	胃部檢查	胃鏡	檢查食道、胃及十二指腸是否有息肉、發炎、糜爛、潰瘍及腫瘤等病變。在檢查同時對於異常病灶可施行切片病理檢查，以診斷是否為惡性腫瘤，是篩檢上消化道癌症的最佳工具。	●	●	X	X	●	X	X	●	X	X	2選1	2選1	X	X
103	大腸檢查	電子大腸內視鏡檢查	檢查直腸、直腸及整段大腸是否有痔瘡、息肉、憩室、發炎、潰瘍及腫瘤等病變。在檢查同時對於異常病灶可施行切片病理檢查，以診斷是否為惡性腫瘤，是篩檢下消化道癌症的最佳工具。	●	●	X	X	●	X	X	●	X	X	2選1	2選1	X	X
104	子宮頸抹片檢查	液態薄層子宮頸抹片檢查	目前唯一經美國FDA認可之新柏氏電腦超薄抹片，可大幅提高子宮頸病變篩檢的敏感度。	X	●	X	●	X	●	X	●	X	X	X	X	X	X
105	子宮頸抹片檢查	傳統子宮頸抹片檢查	篩檢子宮頸有無感染、發炎、異常細胞，具有便利性、可重複施行及高特异性。子宮頸抹片準確率非百分之百，如發現任何異常情形請盡速就醫。	X	X	X	X	X	X	X	X	X	X	●	X	●	
106	女性檢查	婦科檢查	專業婦科醫師診察，早期發現婦科重要疾病。	X	●	X	●	X	●	X	●	X	●	X	●	X	●
107		婦科數位超音波檢查	偵測子宮肌瘤、子宮內膜厚度及異位、卵巢囊腫及腫瘤、骨盆腔積液。	X	●	X	●	X	●	X	●	X	●	X	●	X	●
108		乳房X光數位攝影(適用40歲以上)	新式數位X光檢查，檢查是否有腫瘤或乳癌相關之鈣化病灶，為乳癌最佳篩檢工具之一，特別適合40~50歲以上婦女檢測。	X	2選1	X	2選1	X	2選1	X	2選1	X	2選1	X	2選1	X	2選1
109	乳房數位超音波檢查	檢查是否有乳房囊腫或腫瘤等病變，適用於所有年齡層的乳房病變篩檢工具。	X	X	●	●	X	●	X	●	X	●	X	●	X	●	
110	攝護腺超音波	攝護腺數位超音波檢查(適用50歲以上男性)	偵測攝護腺腫大或癌症等病變。	●	X	●	X	●	X	●	X	●	X	●	X	●	
111	骨質密度檢查	雙能量X光吸收計量儀(DEXA)骨質密度檢查	精確評估腰椎及股骨頸之骨質密度，特別是停經婦女、酗酒、需長期使用類固醇或缺乏運動等高风险族群，以早期預防骨折引起之重大併發症。	●	●	●	●	●	●	●	●	●	●	●	●	●	●
121	精準醫學	血液中金屬元素分析	分析血中4項營養與6項毒性元素濃度，作為評估體內確切礦物營養元素狀態與短期毒性元素曝露的重要指標。	X	X	X	X	X	X	X	X	●	●	X	X	●	●
122		失眠壓力荷爾蒙分析	取5段唾液樣本分析身體重要的壓力荷爾蒙-腎上腺皮質素的24小時分泌節律，提供釋壓活動建議，並提供腎上腺功能修復指引。	X	X	X	X	X	X	X	X	X	X	X	●	●	●
123		血脂蛋白ApoE基因風險分析	檢測血脂蛋白ApoE基因體質，分析先天去除血液中膽固醇的能力，幫助瞭解罹患冠心病、腦中風以及阿茲海默症風險，及早預防並提供完善健康管理規劃。	X	X	●	●	X	X	X	X	X	X	X	X	●	●
124	健康管理(關懷訊息)	認知功能檢測	檢測基本認知功能，含注意力、記憶力、執行功能、反應速度等四面向，以了解目前基本腦功能的優弱勢能力，積極搭配腦功能促進的健康生活模式，以維持、提升大腦的認知功能。	X	X	●	●	X	X	●	●	X	X	●	●	●	●
125		健康管理(關懷訊息)	檢前以電話或簡訊提醒各注意事項	●	●	●	●	●	●	●	●	●	●	●	●	●	●
126	健康管理	專業健管師檢後關懷+HRA	檢前瞭解個人健康狀況，進行健康及疾病風險性評估，檢後電話關懷及年度健檢提醒(檢後3~5天/次年健檢前1~2個月)	●	●	●	●	●	●	●	●	●	●	●	●	●	●
127		專業健管師健康諮詢	檢後主動電話提供健康諮詢及衛教治療等專業建議(檢後1個月)	●	●	●	●	●	●	●	●	●	●	●	●	●	●
128		專業健管師健康追蹤	每3及6個月主動追蹤並關懷健康管理之成效，提供複檢服務(檢後3~6個月)	●	●	●	●	●	●	●	●	●	●	●	●	●	●
129	牙科檢查	口腔黏膜病變篩檢	篩檢早期纖維化及白斑病變，以達到偵測口腔癌早期病變之目的。	●	●	●	●	●	●	●	●	●	X	X	X	X	
130		數位全口掃描	使用口內攝影拍攝牙齒表面影像，透過專業醫師說明，以了解牙齒保健之重要性。	●	●	●	●	●	●	●	●	●	●	●	●	●	●
131		牙結石清除保健治療	專業牙科醫師進行洗牙、噴砂、手工牙齦下刮除及手工牙齦下刮除等，全口保健服務。	●	●	X	X	X	X	X	X	X	X	X	X	X	X
132	其他	低輻射全口X光透視	完整掃描上下顎骨、上下排牙齒及顛顎關節，以篩檢牙齦、牙周疾病，評估牙齒發展、牙齒角度及齶齒，以及頭面骨異常等問題。	●	●	●	●	●	●	●	●	●	X	X	X	X	
133		午餐	嘉來登飯店餐點	●	●	●	●	●	●	●	●	●	●	●	●	●	●
134		報到諮詢	健檢項目諮詢	●	●	●	●	●	●	●	●	●	●	●	●	●	●
135		健檢服	健檢服	●	●	●	●	●	●	●	●	●	●	●	●	●	●
136		健檢中文報告	健檢中文報告	●	●	●	●	●	●	●	●	●	●	●	●	●	●

立達診所  
LEADERCLINIC



備註：  
1. 更換方案檢測項目規範，更換價高項目依實際定價補差額，價低者不得退費。  
2. 方案中功醫換項僅限功醫，或基因檢測，不得換其他檢項。  
3. 方案適用期間：2019/1/1~2019/12/31



立達診所 LEADERCLINIC (简体中文版本)				尊荣全方位 USD \$1,799		进阶捍卫 USD \$1,099		健康守护 USD \$699								
编号	项别	检查项目	临床意义	保胃癌筛		护心癌筛		全面保胃		全面护心		肠胃道		心血管		
				男性	女性	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性	
74	血糖代谢筛检	空腹血糖(AC sugar)	评估血糖代谢能力，早期侦测糖尿病及评估糖尿病严重程度及治疗效果。	●	●	●	●	●	●	●	●	●	●	●	●	
75		糖化血色素(HbA1c)	反应最近3个月之血糖平均值，为评估血糖变化趋势及糖尿病治疗效果最佳指标之一。	●	●	●	●	●	●	●	●	●	●	●	●	
76		长期平均血糖(eAG)	反应近期血糖平均值，为评估血糖变化趋势及糖尿病治疗效果最佳指标之一。	●	●	●	●	●	●	●	●	●	●	●	●	
77	血糖代谢筛检	空腹胰岛素(Insulin AC)	胰岛素是胰腺分泌的荷尔蒙，主要功能为调节糖类的代谢，将血糖回收到细胞内。血中葡萄糖的浓度，可以决定胰岛素的分泌速率。	X	X	●	●	X	X	●	●	●	●	●	●	
78		胰岛素阻抗指数(HOMA-IR Index)	藉由空腹血糖与胰岛素的换算，来评估体内胰岛素是否产生阻抗导致胰岛素无法作用，进而造成糖尿病与代谢候群。	X	X	●	●	X	X	●	●	●	●	●	●	
79	甲状腺筛检	游离甲状腺素(Free T4)	甲状腺促激素(TSH)及甲状腺分泌的游离甲状腺素(Free T4)是用来评估甲状腺功能的最佳工具。	●	●	●	●	●	●	●	●	●	●	●	●	
80		甲状腺促激素(TSH)		●	●	●	●	●	●	●	●	●	●	●	●	●
81	肿瘤标记筛检	甲型胎儿蛋白(AFP(肝脏))	筛检肝、睾丸及卵巢等生殖细胞病变之血液指标。	●	●	●	●	●	●	●	●	●	●	●	●	
82		癌胚抗原CEA(肠胃道、肺腺体)	筛检大肠、胃、胰脏及肺等器官病变之血液指标。	●	●	●	●	●	●	●	●	●	●	●	●	
83		摄护腺抗原PSA(适男性)	筛检摄护腺病变之血液指标。	●	X	●	X	●	X	●	X	●	X	●	X	
84		卵巢肿瘤标记CA125(适女性)	筛检卵巢病变及子宫内异位症之血液指标。	X	●	X	●	X	●	X	●	X	●	X	●	X
85		细胞角蛋白 21-1	非小细胞肺癌筛检参考指标。	●	●	●	●	●	●	●	●	●	●	●	X	X
86	EB病毒鼻咽癌早期抗体/核抗体IqA	鼻咽癌高危筛检参考指标。	●	●	●	●	●	X	X	●	●	●	X	X	X	
87		胰脏肿瘤标记CA19-9	筛检胰脏和胆囊病变及胆管阻塞性疾病的血液指标。	●	●	●	●	●	●	●	●	●	●	●	●	●
88	X光摄影	胸部X光数位摄影：正面	新式数字X光检查，筛检肺脏、气管、心脏、大动脉、肋膜及纵膈腔等器官之发炎、纤维化、肿瘤、积液或异常扩大等相关疾病。	●	●	●	●	●	●	●	●	●	●	●	●	
89		腹部X光数位摄影	这项检查可以让我们知道身体的骨骼构造是否正常，身体软组织是否有不正常的移位等。	2选1	2选1	2选1	2选1	2选1	2选1	2选1	2选1	X	X	X	X	
90		腰椎X光数位摄影：侧面	新式数字X光检查，筛检腰椎与荐椎是否有骨刺、滑脱、压迫性骨折及椎间盘突出等异常。	2选1	2选1	2选1	2选1	2选1	2选1	2选1	2选1	X	X	X	X	
91	心血管风险评估	代谢候群评估	利用腰围、血压、血糖、高密度脂蛋白胆固醇及三酸甘油酯等指数来预测糖尿病及心血管疾病之风险，并作为健康管理之追踪参考。	●	●	●	●	●	●	●	●	●	●	●	●	
92		十年心血管风险评估(Framingham score)	利用年龄、性别、总胆固醇、高密度脂蛋白胆固醇、吸烟习惯及血压数值，预测未来十年重大心血管疾病之风险。	●	●	●	●	●	●	●	●	●	●	●	●	
93	静态心电图	数字静态心电图	检查心律速率、心脏传导功能、心脏房室大小及心肌缺血等变化。	●	●	●	●	●	●	●	●	●	●	●	●	
95		原生B型利钠利尿剂	Pro-BNP是心脏分泌的荷尔蒙，其浓度会随着心脏受损程度而上升，是早期心衰评估的重要指标之一。	X	X	●	●	X	X	●	●	X	X	●	●	
96	心脑血管检查	高敏度C反应蛋白(hs-CRP)	侦测体内发炎、感染或组织坏死的程度，并用以评估未来发生心血管疾病的机率。	X	X	●	●	X	X	●	●	X	X	X	X	
97		动脉硬化评估	检测四肢动脉脉搏传导速度来评估全身动脉硬化及阻塞程度。	X	X	●	●	X	X	●	●	X	X	X	X	
98		同半胱氨酸(Homocysteine)	筛检高同半胱氨酸血症(吸烟及缺乏维生素B群或叶酸造成，易导致血管上皮损伤发炎，造成血管壁硬化及血管栓塞)。	X	X	●	●	X	X	●	●	X	X	X	X	
99		心脏数字彩色超音波检查	诊断心脏瓣膜狭窄、闭锁不全及脱垂等重大心脏疾病，评估心脏肥大及心壁收缩功能。	X	X	●	●	X	X	●	●	X	X	2选1	2选1	
100	颈动脉数字彩色超音波检查	检测颈动脉粥样硬化、狭窄或阻塞等状况，计算颈动脉血流，以早期评估中风风险。	X	X	●	●	X	X	●	●	X	X	2选1	2选1	2选1	
101	消化道检查	内视镜无痛麻醉	浅层全身性麻醉，有效降低内视镜检查不适，并有助于详细检查及病灶处理。	●	●	X	X	●	X	X	●	●	●	X	X	
102	胃部检查	胃镜	检查食道、胃及十二指肠是否有息肉、发炎、糜烂、溃疡及肿瘤等病变。在检查同时对于异常病灶可施予切片病理检查，以诊断是否为恶性肿瘤，是筛检上消化道癌的最佳工具。	●	●	X	X	●	X	X	●	●	2选1	2选1	X	X
103	大肠检查	电子大肠内视镜检查	检查大肠、直肠及肛管是否有痔疮、息肉、憩室、发炎、溃疡及肿瘤等病变。在检查同时对于异常病灶可施予切片病理检查，以诊断是否为恶性肿瘤，是筛检下消化道癌的最佳工具。	●	●	X	X	●	●	X	X	●	●	X	X	
104	子宫颈抹片检查	液态薄层子宫颈抹片检查	目前唯一经美国FDA认可之新柏氏计算机超薄抹片，可大幅提高子宫颈病变筛检的敏感度。	X	●	X	●	X	●	X	●	X	X	X	X	
105	子宫颈抹片检查	传统子宫颈抹片检查	筛检子宫颈有无感染、发炎、异常细胞，具有便利性、可重复施行及高特异性。子宫颈抹片准确率非百分之百，如发现任何异常情形请尽早就医。	X	X	X	X	X	X	X	X	X	●	X	●	
106	女性检查	妇科检查	专业妇科医师诊察，早期发现妇科重要疾病。	X	●	X	●	X	●	X	●	X	●	X	●	
107		妇科数字超音波检查	侦测子宫肌瘤、子宫内腺肌症及异位、卵巢囊肿及肿瘤、骨盆积液。	X	●	X	●	X	●	X	●	X	●	X	●	
108		乳房X光数字摄影(适用40岁以上)	新式数字X光检查，检查是否有肿瘤或乳癌相关之钙化病灶，为乳癌最佳筛检工具之一，特别适合40~50岁以上妇女检测。	X	X	2选1	2选1	X	X	2选1	2选1	X	X	2选1	2选1	
109		乳房数字超音波检查	检查是否有乳房囊肿或肿瘤等病变，适用于所有年龄层的乳房病变筛检工具。	X	X	2选1	2选1	X	X	2选1	2选1	X	X	2选1	2选1	
110	摄护腺超音波	摄护腺数字超音波检查(适用50岁以上男性)	侦测摄护腺肿大或癌变等病变。	●	X	●	X	●	X	●	X	●	2选1	2选1	X	
111	骨质密度检查	双能量X光吸收计量仪(DEXA)骨质密度检查	精确评估腰椎及股骨颈之骨质密度，特别是停经妇女、酗酒、需长期使用类固醇或缺乏运动等高风险族群，以早期预防骨折引起之重大并发症。	●	●	●	●	●	●	●	●	●	●	●	●	
121	精准医学	血液中金属元素分析	分析血中4项营养与6项毒性元素浓度，作为评估体内确切矿物营养元素状态与短期毒性元素暴露的重要指针。	X	X	X	X	X	X	X	X	●	●	X	X	
122		失眠压力荷尔蒙分析	取5段唾液样本分析身体重要的压力荷尔蒙-肾上腺皮质素的24小时分泌节律，提供释压活动建议，并提供肾上腺功能修复指引。	X	X	X	X	X	X	X	X	X	X	●	●	
123		血脂蛋白ApoE基因风险分析	检测血脂蛋白ApoE基因体质，分析先天去除血液中胆固醇的能力，帮助了解罹患冠心病、脑中风以及阿兹海默症风险，及早预防并提供完善健康管理规划。	X	X	●	●	X	X	X	X	X	X	●	●	
124	健康管理	认知功能检测	检测基本认知功能，含注意力、记忆力、执行功能、反应速度等四面，以了解目前基本认知功能的优劣势，积极搭配脑功能促进的健康生活模式，以维持、提升大脑的认知功能。	X	X	●	●	X	X	●	●	X	X	●	●	
125		健康管理(关怀讯息)	检前以电话或简讯提醒各注意事项	●	●	●	●	●	●	●	●	●	●	●	●	
126		专业健管师检后关怀+HRA	检前了解个人健康状况，进行健康及疾病风险性评估，检后电话关怀及年度健检提醒(检后3~5天/次年健检前1~2个月)	●	●	●	●	●	●	●	●	●	●	●	●	
127		专业健管师健康咨询	检后主动电话提供健康咨询及卫教治疗等专业建议(检后1个月)	●	●	●	●	●	●	●	●	●	●	●	●	
128	专业健管师健康追踪	每3及6个月主动追踪并关怀健康管理之成效，提供复检服务(检后3~6个月)	●	●	●	●	●	●	●	●	●	●	●	●	●	
129	牙科检查	口腔黏膜病变筛检	筛检早期纤维化及白斑病变，以达到侦测口腔癌早期病变之目的。	●	●	●	●	●	●	●	●	X	X	X	X	
130		数字全口扫描	使用进口摄影拍摄牙齿表面影像，透过专业医师说明，以了解牙齿保健之重要性。	●	●	●	●	●	●	●	●	●	●	●	●	
131		牙结石清除保健治疗	专业牙科医师进行洗牙、喷砂、手工牙龈下刮除及手工牙龈下刮除等，全口保健服务。	●	●	X	X	X	X	X	X	X	X	X	X	
132	其他	低辐射全口X光透视	完整扫描上下颌骨、上下排牙齿及颞颌关节，以筛检牙龈、牙周疾病，评估牙齿发展、牙齿角度及龋齿，以及颌面骨骼异常等问题。	●	●	●	●	●	●	●	●	X	X	X	X	
133		午餐	喜来登饭店餐点	●	●	●	●	●	●	●	●	●	●	●	●	
134	其他	报到咨询	健检项目咨询	●	●	●	●	●	●	●	●	●	●	●	●	
135		健检服	健检服	●	●	●	●	●	●	●	●	●	●	●	●	
136		健检中文报告	健检中文报告	●	●	●	●	●	●	●	●	●	●	●	●	

立達診所  
LEADERCLINIC

备注：  
1. 更换方案检测项目规范：更换高价项目依实际定价补足差额，价低者不得退费。  
2. 方案中功医换项仅限功医，或基因检测，不得换其他检项。  
3. 方案适用期间：2019/1/1~2019/12/31



No.	Items	Examination Items	Information	Stress Free Endoscopic		Cardiovascular		Stress Free Endoscopic		Cardiovascular		Stress Free Endoscopic		Cardiovascular			
				male	female	male	female	male	female	male	female	male	female	male	female		
1	Vital sign and body composition analysis	Pulse rate, blood pressure, body temperature, height, weight, waist circumference, body mass index(BMI), body fat percentage...etc.	Detecting the potential of metabolic or cardiovascular diseases.	●	●	●	●	●	●	●	●	●	●	●	●		
2	Physical examination	Physical examination	Examining signs of diseases	●	●	●	●	●	●	●	●	●	●	●	●		
3	Medical consultation	Medical consultation	Report and consultation with experts. Offering suggestion, education and referral information.	●	●	●	●	●	●	●	●	●	●	●	●		
4	Ophthalmology	Basic eye examination	Visual acuity, refraction examination, color vision. Checking refractive errors of eyes, color blindness screening and glaucoma screening.	●	●	●	●	●	●	●	●	●	●	●	●		
5		Intraocular pressure	Glaucoma screening.	●	●	●	●	●	●	●	●	●	●	●	●		
6		Slit lamp examination	Checking eye structures e.g., cornea, conjunctiva, sclera, iris, pupil, lens, and eye ground.	●	●	●	●	●	●	●	●	●	X	X	X	X	
7		Ophthalmology consultation	Ophthalmology consultation and physical examination.	●	●	●	●	●	●	●	●	●	X	X	X	X	
8	Otolaryngology examination (ENT)	Otolaryngology consultation	Otolaryngology examination and consultation.	●	●	●	●	●	●	●	●	●	X	X	●	●	
9	Hearing test	Hearing test	Hearing test by an audiometer.	●	●	●	●	●	●	●	●	●	●	●	●	●	
10	Hematology system examination	CBC routine	Measuring of the average red blood cell hemoglobin, volume and hemoglobin concentration for detecting causes of anemia, infection, inflammation, immune function, leukemia or bone marrow diseases.	●	●	●	●	●	●	●	●	●	●	●	●	●	
11		WBC differential count	Detecting infection, allergy, and leukemia	●	●	●	●	●	●	●	●	●	●	●	●	●	
12	Anemia Tests	Ferritin	Measuring of iron storage . A test for iron-deficiency anemia.	X	X	X	X	X	X	X	X	X	●	●	●	●	
13	Liver , biliary tract and pancreas function tests	GOT(AST)	Assessment for liver disorders. E.g., fatty liver, chronic hepatitis and other liver diseases.	●	●	●	●	●	●	●	●	●	●	●	●	●	
14		GPT(ALT)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
15		Total protein (TP)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
16		Albumin (ALB)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
17		Globulin (GLO)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
18		A/G ratio		●	●	●	●	●	●	●	●	●	●	●	●	●	●
19		Total bilirubin (T/ bil)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
20		Direct bilirubin (D/ bil)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
21		Alkaline phosphatase (ALK-P)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
22		γ-GT (GGT)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
23	Hepatitis screening	IgG	Detecting hepatitis A infection history.	●	●	●	●	●	●	●	●	●	●	●	●	●	
24		HBsAg	Detecting hepatitis B carrier status and immunity to hepatitis B.	●	●	●	●	●	●	●	●	●	●	●	●	●	
25		Anti-HBs	Detecting hepatitis B.	●	●	●	●	●	●	●	●	●	●	●	●	●	
26		Anti-HCV	Detecting hepatitis C infection history.	●	●	●	●	●	●	●	●	●	●	●	●	●	
27	Abdominal ultrasound	Abdominal ultrasound	Detecting lesions in liver, bile duct, gallbladder, pancreas, spleen, and kidney.	●	●	●	●	●	●	●	●	●	●	●	●	●	
28	Immunological fecal occult blood test	Immunological fecal occult blood test (iFOBT)	Screening for bleeding lesions from cancers, polyps, hemorrhoid and inflammation at colon, rectum or anus.	●	●	●	●	●	●	●	●	●	●	●	●	●	
29	Renal function test	Blood urea nitrogen (BUN)	Evaluating renal function.	●	●	●	●	●	●	●	●	●	●	●	●	●	
30		Creatinine-serum		●	●	●	●	●	●	●	●	●	●	●	●	●	
31		Uric acid		●	●	●	●	●	●	●	●	●	●	●	●	●	
32		Estimated glomerular filtration rate (eGFR)		●	●	●	●	●	●	●	●	●	●	●	●	●	●
33	Electrolyte tests	Calcium, (Ca+)	Serum calcium (ca+) level.	●	●	●	●	●	●	●	●	●	X	X	X	X	
34		Sodium,(Na+)	Serum sodium,(na+) level.	●	●	●	●	●	●	●	●	●	●	X	X	X	X
35		Potassium, (K+)	Serum potassium, (k+) level.	●	●	●	●	●	●	●	●	●	●	X	X	X	X
36	Urine routine	Urine analysis	Detecting urinary tract infection or inflammation.	●	●	●	●	●	●	●	●	●	●	●	●	●	
37		Urine sediment analysis		●	●	●	●	●	●	●	●	●	●	●	●	●	
38	Lipid profile	Triglycerides	Evaluating risk of pancreatitis, diabetes, and cardiovascular	●	●	●	●	●	●	●	●	●	●	●	●	●	
39		Total cholesterol	Evaluating risk of cardiovascular diseases like hypertension, atherosclerosis, coronary heart diseases, and stroke	●	●	●	●	●	●	●	●	●	●	●	●	●	
40		HDL cholesterol		●	●	●	●	●	●	●	●	●	●	●	●	●	
41		LDL cholesterol		●	●	●	●	●	●	●	●	●	●	●	●	●	
42		Total cholesterol /HDL ratio		●	●	●	●	●	●	●	●	●	●	●	●	●	●
43	Blood Sugar	Blood Glucose (fasting)	An indicator of pre-diabetes and diabetes	●	●	●	●	●	●	●	●	●	●	●	●	●	
44		Glycosylated hemoglobin (HbA1c)	Evaluating recent 3-month blood sugar control.	●	●	●	●	●	●	●	●	●	●	●	●	●	
45		Average blood glucose(eAG)	Evaluating recent 3-month average blood sugar level.	●	●	●	●	●	●	●	●	●	●	●	●	●	
46		Fasting insulin (Insulin AC)	Diabetes mellitus screening.	X	X	●	●	X	X	●	●	●	●	●	●	●	
47	Insulin Resistance Index (HOMA-IR Index)	By fasting blood glucose and insulin conversion, to assess whether the body of insulin resistance, That can caused by insulin dysfunction, and thus cause diabetes and metabolic syndrome.	X	X	●	●	X	X	●	●	●	●	●	●	●		
48	Thyroid function	TSH	Evaluating thyroid function.	●	●	●	●	●	●	●	●	●	●	●	●	●	
49		Free T4		●	●	●	●	●	●	●	●	●	●	●	●	●	
50	Tumor markers	Alpha-Feto protein (AFP)	Screening for liver tumor, reproductive organ tumor.	●	●	●	●	●	●	●	●	●	●	●	●	●	
51		Carcinoembryonic antigen	Screening for digestive system tumors, lung cancer, etc.	●	●	●	●	●	●	●	●	●	●	●	●	●	
52		PSA (male)	Benign prostate hyperplasia and prostate cancer screening.	●	X	●	X	●	X	●	X	●	X	●	X	X	
53		Cancer antigen 125 (CA125) (for female)	Screening for ovarian cancer.	X	●	X	●	X	●	X	●	X	●	X	●	●	
54		Cytokeratin fragment 21-1 (Cyfra 21-1)	Screening for non-small cell lung cancer.	●	●	●	●	●	●	●	●	●	●	●	X	X	
55		EBV EA/NA IgA	Screening for nasopharyngeal cancer.	●	●	●	●	●	●	X	X	●	●	●	X	X	
56		cancer antigen 19-9 (CA19-9)	Screening for pancreatic tumor and intra- abdominal organ tumors.	●	●	●	●	●	●	●	●	●	●	●	●	●	
57	Chest X-ray	Chest X-ray : PA view	Detecting abnormalities in lung, heart, large vessel, mediastinum, and thoracic cage.	●	●	●	●	●	●	●	●	●	●	●	●	●	
58		Plain abdomen X-ray	Detecting intra-abdominal abnormalities.	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	X	X	X	X	
59		Lumbar X-ray : later view	Detecting lumbar spondylolisthesis, compression or fracture .	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	Select 1 item	X	X	X	X	

No.	Items	Examination Items	Information	Stress Free Endoscopic		Cardiovascular		Stress Free Endoscopic		Cardiovascular		Stress Free Endoscopic		Cardiovascular		
				male	female	male	female	male	female	male	female	male	female	male	female	
				60	Evaluation of cardiovascular risks	Risk factor evaluation of metabolic syndrome	Estimating risk of developing diabetes mellitus and cardiovascular diseases.	●	●	●	●	●	●	●	●	●
61		Framingham cardiac risk score	Estimating 10-year risk of myocardial infarction death.	●	●	●	●	●	●	●	●	●	●	●	●	
62	Electrocardiogram	Electrocardiogram	Screening for heart diseases and arrhythmia.	●	●	●	●	●	●	●	●	●	●	●	●	
64	Cardiovascular examination	NT-ProBNP	NT-ProBNP is a hormone secreted by the heart, and its concentration rises with the degree of heart damage. It is one of the important indicators for early heart failure assessment	X	X	●	●	X	X	●	●	X	X	●	●	
65		Highly sensitive c-reactive protein(hs-CRP)	Estimating potential risk level for cardiovascular diseases, heart attack, and stroke.	X	X	●	●	X	X	●	●	X	X	X	X	
66		Homocysteine			X	X	●	●	X	X	●	●	X	X	X	X
67		Ankle Brachial Index and Pulse Wave Velocity (ABI+PWV)	Measuring arterial stiffness and estimating risk of developing cardiovascular disease.		X	X	●	●	X	X	●	●	X	X	X	X
68		Color Doppler	Evaluating heart function, structure, and valvular heart diseases		X	X	●	●	X	X	●	●	X	X		
69	Carotid and vertebral arteries ultrasound	Early detecting atherosclerosis, narrowing and obstruction of carotid and vertebral arteries and evaluating risk of stroke.		X	X	●	●	X	X	●	●	X	X	Select 1 item	Select 1 item	
70	Stress-free endoscopic	Anesthesia for Examination	Anesthesia for reducing discomfort in endoscopy examination.	●	●	X	X	●	●	X	X	●	●	X	X	
71		Gastroscopy	Detecting inflammation, ulcer, polyps and tumors in esophagus, stomach, and duodenum.	●	●	X	X	●	●	X	X	Select 1 item	Select 1 item	X	X	
72		Colonoscopy	Detecting inflammation, ulcer, and polyps at anus, sigmoid colon, descending colon, transverse colon, ascending colon and cecum.		●	●	X	X	●	●	X	X			X	X
73	Gynecology	Liqui prep pap smear	High sensitive tool screening for cervical cancer.	X	●	X	●	X	●	X	●	X	X	X	X	
74		PREP Pap Smear	High sensitive tool for screening cervical cancer.	X	X	X	X	X	X	X	X	X	●	X	●	
75		Gynecological Consultation	Gynecological consultation and physical examination.		X	●	X	●	X	●	X	●	X	●	X	●
76		Digital Gynecological Ultrasound (only for female)	Detecting abnormality in uterus, ovary, ovarian tube and organ in pelvic cavity.		X	●	X	●	X	●	X	●	X	●	X	●
77		Digital Breast X-ray (only for female)	Breast cancer screening, especially for women older than 40.		X	Select 1 item	X	Select 1 item	X	Select 1 item	X	Select 1 item	X	Select 1 item	X	Select 1 item
78	Digital Breast Ultrasound (only for female)	Breast cancer screening.		X	Select 1 item	X	Select 1 item	X	Select 1 item	X	Select 1 item	X	Select 1 item	X	Select 1 item	
79	Prostate ultrasound	Prostate ultrasound	Benign prostate hyperplasia and prostate cancer screening.	●	X	●	X	●	X	●	X	Select 1 item	X	Select 1 item	X	
80	Bone density	Dual Energy X-ray Absorptiometry (DEXA)	Measuring bone density to predict fracture risk (Lumbar and femoral bone)	●	●	●	●	●	●	●	●	Select 1 item	●	Select 1 item	●	
81	Precision and functional medicine	Whole Blood Toxic & Heavy Metals and Trace elements Analysis	Assess of the 4 nutrients and 6 toxic element concentrations in the blood, as an assessment of the exact mineral nutrient status and short-term toxic elements exposed to an important indicator.	X	X	X	X	X	X	X	X	●	●	X	X	
82		Free Cortisol Functional Type Analysis	Take a 5-segment saliva sample analysis of the body's important stress hormones - adrenal cortisol 24-hour secretion rhythm, providing relief activity recommendations, and provide guidelines for adrenal repair, to help restore the night to sleep well.	X	X	X	X	X	X	X	X	X	X	●	●	
83		ApoE Genotyping	Detection of lipoprotein ApoE gene constitution, analysis of congenital removal of blood cholesterol in the ability to help understand the risk of coronary heart disease, stroke and Alzheimer's disease, early prevention and provide a sound health management plan.		X	X	●	●	X	X	X	X	X	X	●	●
84	Medical consultation and management	Cognitive Basic Testing	Test four basic cognitive abilities including attention, memory, executive functions and response inhibition to evaluate brain-based skills and identify personal strength or weakness. Cognitive functions can be developed and improved by promoting a brain-healthy lifestyle.	X	X	●	●	X	X	●	●	X	X	●	●	
85		Health management	Personal health manager service		●	●	●	●	●	●	●	●	●	●	●	●
86		Health management after health check			●	●	●	●	●	●	●	●	●	●	●	●
87		Consulting online	Health check arrangement, consulting and follow up		●	●	●	●	●	●	●	●	●	●	●	●
88	Follow-up			●	●	●	●	●	●	●	●	●	●	●	●	
89	Dental Examination	Oral cancer screening	Detection of abnormalities of oral mucosa.	●	●	●	●	●	●	●	●	X	X	X	X	
90		Intraoral digital imaging	Intraoral digital cameras provide clear, detailed images of teeth on 42 inch LCD screen.	●	●	●	●	●	●	●	●	●	●	●	●	
91		Full-mouth Scaling and Sandblasting, Subgingival Curettage	Removal of plaque, calculus and tooth stain.		●	●	X	X	X	X	X	X	X	X	X	X
92	Digital panoramic X-rays	Showing a complete view of the jaw bones, teeth, sinuses and nasal area.		●	●	●	●	●	●	●	●	X	X	X	X	
93	Others	Lunch	Healthy and gourmet meal of 5 star hotel	●	●	●	●	●	●	●	●	●	●	●	●	
94		Health check clothes	Health check suits		●	●	●	●	●	●	●	●	●	●	●	
95		Medical report	Medical report		●	●	●	●	●	●	●	●	●	●	●	

